

Forecasting the number of cases and deaths from Covid-19

Aldona Migąła-Warchoł, Monika Pichla

ABSTRACT

Objective: The aim of this publication is to analyze the value of the number of new cases and deaths from COVID-19 in selected European Union countries: Poland, France and Belgium.

Research Design & Methods: Data were collected from the on-line database: <https://covid.ourworldindata.org/data/owid-covid-data.xlsx>, which demonstrate the daily number of new cases and deaths due to the COVID-19 pandemic. The forecast was based on a linear trend function and a 7-period moving average, using Statistica 13 software.

Findings: The test results facilitated an evaluation of the diversity in the number of cases and the number of deaths in the assessed countries. Implications & Recommendations: From the obtained results, it can be concluded that the pandemic caused by the SARS-CoV-2 virus will end in 2021, about a year after the first case that appeared in Europe, provided that the vaccines are also effective against the mutated form of the virus.

Implications & Recommendations: Based on the results obtained by China, where the pandemic ended after a year, it can be assumed that EU countries will also win the fight against Covid-19 at a similar time provided that the vaccines are also effective against the mutated forms of the virus. This is indicated by the results of research obtained in this paper. However, it should be remembered that the pandemic is unpredictable and it is difficult to predict the values of variables for a longer period of time.

Contribution & Value Added: The article indicates the methods of combating Covid-19 in selected countries of the European Union.

Article type: research article

Keywords: Epidemiology; COVID-19; forecasting; trend function; moving average method

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INTRODUCTION

The previous year has turned out to be the year of fighting the new and deadly virus. Around the beginning of spring 2020, almost the whole Europe has been affected with the novel coronavirus outbreak. The Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), which causes the disease called COVID-19 was reported for the first time in Wuhan, Hubei Province, China, in December 2019. Since then, it has been spreading worldwide. Due to the manifestation of a wide range of symptoms – from asymptomatic or mild to severe and deadly – this airborne virus has paralyzed the whole world (Esakandari *et al.*, 2020). World Health Organization (WHO) declared the pandemic on 11th March 2020 (Chun, Baek, & Kim, 2020). The pandemic has brought about many changes in the lives of Europeans as well as those of other continents.

Coronaviruses are enveloped, positive-sense single-stranded RNA viruses that infect humans, but also a wide range of animals. Coronaviruses were first described in 1966 by Tyrell and Bynoe, who cultivated the viruses from patients with common colds (Tyrell & Bynoe, 1966). Based on their morphology as spherical virions with a core shell and surface projections resembling a solar corona,

they were termed coronaviruses (from Latin: *corona* = crown) (Velavan & Meyer, 2021). Among the seven subtypes of coronaviruses that can infect humans, the beta-coronaviruses may cause severe disease and fatalities, whereas alpha-coronaviruses cause asymptomatic or mildly symptomatic infections. SARS-CoV-2 belongs to the B lineage of the beta-coronaviruses and is closely related to the SARS-CoV virus (Bedford & Hodcroft, 2021; Zhou *et al.* 2020). Coronaviruses are common and cause variety of diseases, mainly respiratory, hepatic, enteric and neurological. The world has been already two times hit by the epidemic of coronaviruses – severe acute respiratory syndrome coronavirus (SARS-CoV) in 2003, with fatality rate of 10% and Middle East respiratory syndrome coronavirus (MERS-CoV) in 2012, with 40% morbidity (Jiang *et al.*, 2020).

The aim of this publication is to forecast the value of the number of new cases and deaths from COVID-19 in three selected European Union countries: Poland, France and Belgium. We will make a prognosis of the number of new cases and COVID-19-related deaths in Belgium, France and Poland. Moreover, in the article were compared the stringency indexes of selected European countries at the time of the onset of the peaks and with the overall impact of COVID-19 on the number of new cases and COVID-19-related deaths.

The article starts with the literature review (on the impact on the pandemic of the economy as well as on the coronavirus itself), which is followed by the material and methods section explaining the applied research methodology. The main part of the article is included in the empirical findings section. The article ends with the final conclusions.

LITERATURE REVIEW

The scientific literature emphasizes the fact that, unlike previous crises, the Covid-19 crisis has many dimensions. In order to limit the spread of the pandemic, the governments of countries decided to confine millions of people to their homes (Kinnunen *et al.*, 2021), which turned out to be an effective way to slow down the increase in few infections, but it brought significant economic costs, such as a collapse of many enterprises or the depletion of a large part of societies destitute (Žak & Garncarz, 2020). The current pandemic is very challenging for the whole economy (Lipkind, & Kitrar, 2021), for its sectors and industries (Marona & Tomal, 2020) or for businesses, especially family firms (Marjański & Sułkowski, 2021).

At first, it was hard for everyone to believe that life could change like this in the context of fighting the virus. However, the immediate spread of SARS-CoV-2 has forced many countries to shut down in order to curb the pandemic. A broad spectrum of governments' responses has been observed. The most common restrictions include travel bans, prohibition of gatherings, closing of schools and other public places e.g., cinemas, shopping centres, gyms etc., as well as contact tracing and subjecting people to quarantine (Cheng *et al.*, 2020).

For example, the Polish government introduced restrictions on economic activity, as well as in the social life of the inhabitants of Poland. Of course, there have been changes in these restrictions.

The following restrictions related to COVID-19, called the 'first lockdown', have been introduced in Poland. The stages of changes in the restrictions during the first lockdown in Poland are listed in Table 1.

During the second lockdown in Poland (from November 7, 2020), the following restrictions were introduced:

- cinemas, theatres, museums and other cultural institutions have been closed,
- hotel facilities are available only to people on business trips,
- distance learning for children in grades 1-3 has been introduced,
- in stores up to 100 m², trade can be carried out in the following way, there may be 1 person per 10 m², and in stores over 100 m², 1 person per 15 m²,
- shops in shopping malls are closed, except for grocery and service shops, i.e., pharmacies and drugstores,
- a ban on meetings and events has been introduced,
- 1 person per 15 m² may stay in churches.

Table 1. Stages of changes in the restrictions during the first lockdown in Poland

Dimension	STAGE I	STAGE II	STAGE III	STAGE IV
Economic activity	New rules in trade and services (up to 100 m ² – 4 people for 1 cash desk, over 100 m ² 1 person for 15 m ²).	Opening DIY stores on week-ends. Opening hotels and other accommodation facilities.	Gastronomy – stationary with restrictions, opening of hairdressing salons and beauty salons, opening stores in shopping malls.	Opening massage salons and solariums. Allowing the activities of gyms and fitness clubs.
Social life	Lack of possibility to move for recreational purposes (social distance and covering the face). Forbidden access to forests, parks, and playgrounds. Religious worship 1 person per 15 m ² . Exclusion from restrictions on the movement of non-adult persons over the age of 13.	Opening some cultural institutions: libraries, museums and art galleries.	Sports events for up to 50 people (in open space without audience participation) Organization of childcare in nurseries, kindergartens and in school grades 1-3 – determined max. number of children in the room.	Theatres and cinemas under the new sanitary regime.

Source: own study.

There has been and still is, a considerable diversity between adapted measures and time when they were put into place, thus there is a number of reasons why some countries have been more severely affected than others. The Government Stringency Index (GSI) is an index that demonstrates the strictness of government approach to COVID-19. It is a composite measure of nine metrics i.e., school and workplace closures, restrictions on public gatherings and cancellation of public events, public transport shutdown, stay-home requirements and restrictions on internal and international movements, and public information campaigns (Ritchie *et al.*, 2020). The indexes are presented in Table 2.

Table 2. Comparison of the GSI in selected EU countries at crucial periods of the coronavirus pandemic

Variable	Belgium	GSI BE	France	GSI FR	Poland	GSI PL
First confirmed case	04/02	11.1	24/01	11.1	04/03	11.1
Ban of gatherings >1000 people	10/03	19.44	10/03	43.98	10/03	25
Closure of public spaces	12/03	23.15	12-13/03	43.98	12/03	41.67
Only necessary everyday activities	17/03	50.93	17/03	87.96	25/03	57.41
Closed borders to non-essential travel	20/03	81.48	17/03	87.96	09/04	83.33
Mandatory masks	12/08	58.33	28/08	48.15	16/04	83.33
Days to lockdown from the first case	42	–	53	–	21	–
First peak	15/04	81.48	18/04	87.96	11/04	83.33
Second wave onset	04/09	52.78	18/07	46.3	09/09	36.11
Second peak	31/10	56.48	3/11	78.7	11/11	71.3

Source: (Ritchie *et al.*, 2020).

Nevertheless, these are only the examples of undertaken measures to slow down the spread of the virus. It is very important to emphasize that this scenario will happen again in the future – we have been warned twice – as aforementioned, once in 2003 and then in 2012. Researchers are able to select viruses with potential to cause a pandemic, namely Nipah virus (Luby, 2013), H7N9 influenza A virus (CDC 018) and others (Fernandez-Montero *et al.*, 2020).

RESEARCH METHODOLOGY

Data were collected from the on-line database: <https://covid.ourworldindata.org/data/owid-covid-data.xlsx>, which demonstrate the daily number of new cases and deaths due to the COVID-19 pandemic. The forecast was based on a linear trend function and a 7-period moving average, using Statistica 13 software.

The following methods were used in the article – linear trend function and moving average (Hydzik & Sobolewski, 2007; Zeliaś, Wanat & Pawełek, 2020). The least squares method was used to estimate the parameters of the linear trend function. For the moving average, a 7-period moving average was used to predict new COVID-19 cases and new deaths in three selected European countries.

The analysis shows that the number of new cases is time-dependent for each country. The daily increase in the number of cases for Poland is 59 ± 4 , for France 80 ± 5 , while for Belgium the increase is 21 ± 2 .

The trend matching coefficient for Poland was 48%, France 42%, and for Belgium 26%. The coefficient of determination R^2 is relatively high in relation to the data for Poland and France, while it is unsatisfactory in the case of Belgium. This may be due to relatively mild disease peaks in Poland and France, while the sharp increase in cases, reaching as much as 18,000 in Belgium. The parameters of the trend function were estimated using the least squares method for three selected European Union countries – Poland, France and Belgium. On their basis, forecasts for subsequent periods were made (the obtained results are presented in Table 3).

There was also calculated the differentiation of countries in terms of the number of new cases with the use of descriptive statistics – standard deviation and the coefficient of variation. For all three countries, the coefficient of variation is very high and amounts to 171%, 152% and 172%, respectively for Poland, France and Belgium.

The analysis of the increase in the number of deaths shows that the number of new deaths is time-dependent only for Poland. The daily increase in the number of people who died for Poland is 1 ± 1 . Due to the lack of correlation between the increase in the number of deaths in France and Belgium, the forecast was calculated on the basis of a 7-period moving average. The results are shown in Table 3.

There were calculated also statistical measures describing the number of new deaths in the EU countries: Poland, France and Belgium. For all three countries, the coefficient of variability is very high and amounts to 171%, 123% and 126%, respectively for Poland, France and Belgium.

RESULTS AND DISCUSSION

The results of forecasts of the number of new cases for the next 3 periods (days) for individual countries are presented in Table 3. The forecast results were obtained on the basis of the linear trend and with the use of a 7-period moving average. First, the number of new cases of COVID-19 was predicted, followed by the number of deaths. Figures 1, 2 and 3 show the results for three European Union countries: Poland, France and Belgium.

The results of the forecasts of the number of new deaths for the next 3 periods (days) for individual countries are presented in Table 4. Figures 4, 5 and 6 show the results for three European Union countries: Poland, France and Belgium.

Table 3. Country-specific COVID-19 new cases results

Methods	Period	Poland	France	Belgium
Forecast based on a linear trend function – prepared in the Statistica 13 program	Day 1	12624,08	20817,08	5379,85
	Day 2	12683,17	20897,46	5401,39
	Day 3	12742,26	20977,83	5422,92
Forecast based on a moving average	Day 1	4106,02	6266,12	1144,78
	Day 2	2730,31	4023,71	724,35
	Day 3	1362,47	2040,10	361,22

Source: own study.

Table 4. Country-specific COVID-19 death forecast results

Methods	Period	Poland	France	Belgium
Forecast based on a linear trend function – prepared in the Statistica 13 program	Day 1	266,54	246,12	59,97
	Day 2	267,8	246,37	59,94
	Day 3	269,05	246,63	59,90
Forecast based on the moving average method	Day 1	155,61	166,14	42,27
	Day 2	103	107,71	26,9
	Day 3	51,31	53,63	13,12

Source: own study.

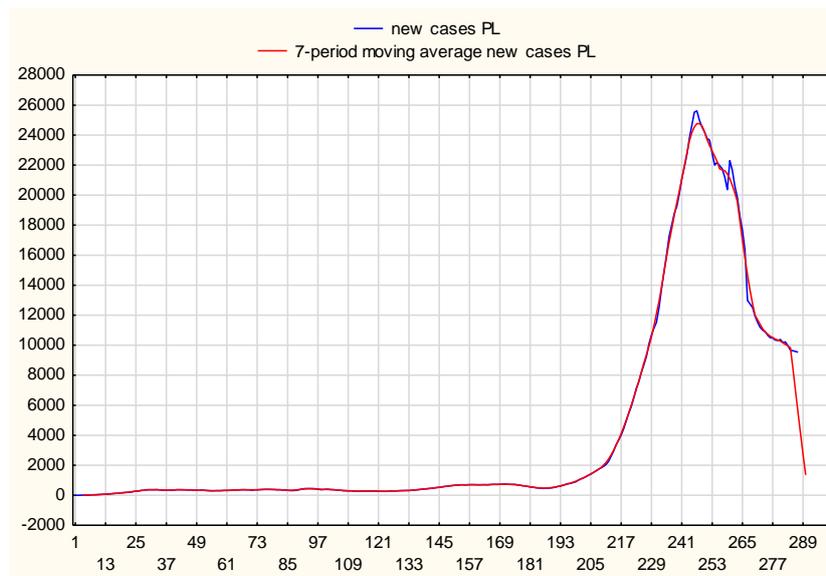


Figure 1. Forecast of new COVID-19 cases for Poland based on a 7-period moving average

Source: own elaboration.



Figure 2. Forecast of new COVID-19 cases for France based on a 7-period moving average

Source: own elaboration.

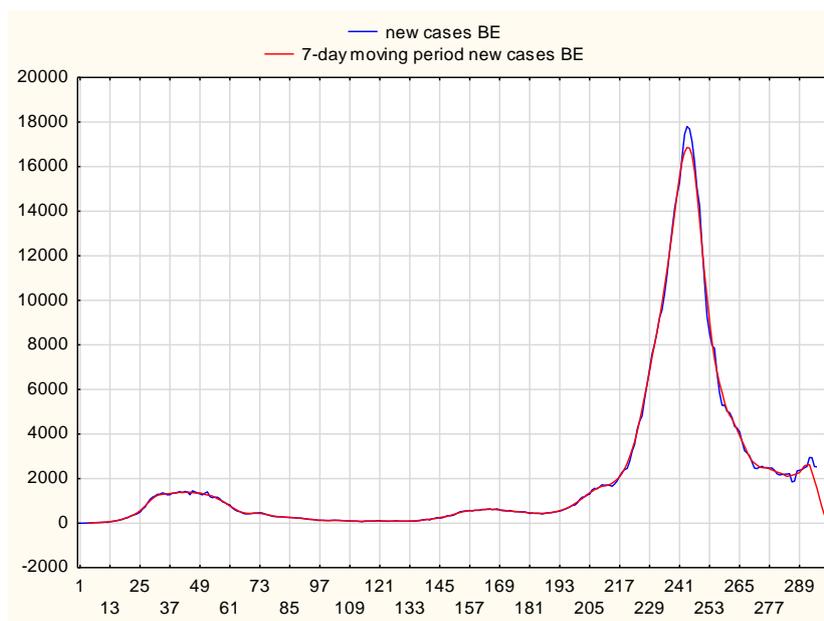


Figure 3. Forecast of new COVID-19 cases for Belgium based on a 7-period moving average

Source: own elaboration.

In the following figures there are figures presenting the results of the forecast of new deaths due to COVID-19 for three European Union countries: Poland, France and Belgium.



Figure 4. Forecast of new deaths due to COVID-19 for Poland based on a 7-period moving average

Source: own elaboration.

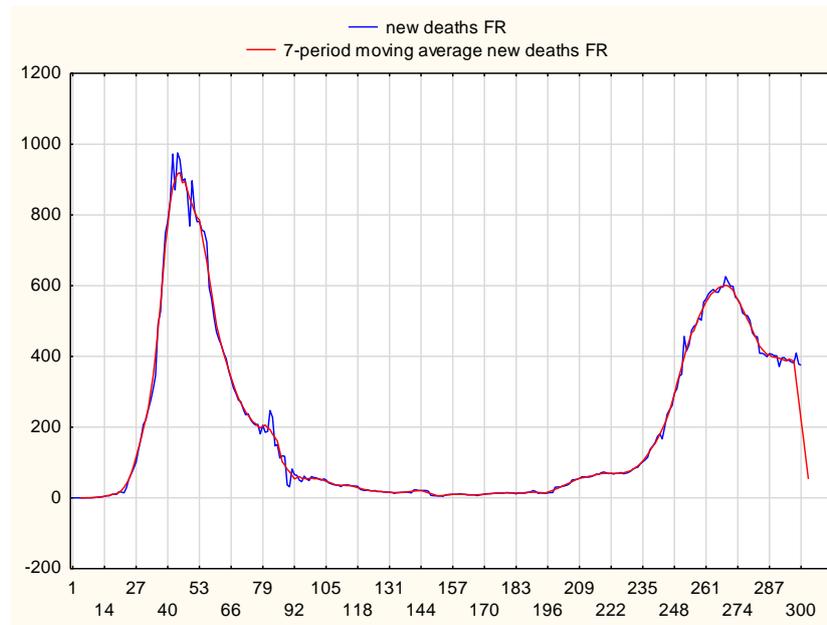


Figure 5. Forecast of new COVID-19 deaths for France based on a 7-period moving average
Source: own elaboration.



Figure 6. Forecast of new COVID-19 deaths for Belgium based on a 7-period moving average
Source: own elaboration.

Moreover, the data show that Poland had the quickest response to COVID-19 among other studied countries with just 21 days from the first case to full lockdown, comparing to 42 days and 53 days for Belgium and France, respectively. One of the reasons of the second wave of the novel coronavirus pandemic was loosening the restrictions, whereas the GSI equalled 52.78, 46.3 and 36.11 for Belgium, France and Poland, respectively. Governments to regain control over the spread of SARS-CoV-2 have implemented restrictions one more time. The most stringent country during the second peak was France and the less one was Belgium.

CONCLUSIONS

The article presents the results of the forecast, which made it possible to estimate the values of new cases and the number of deaths caused by the SARS-CoV-2 virus in selected European Union countries: Belgium, France and Poland. The forecast results were obtained on the basis of the linear trend and with the use of a 7-period moving average. Moreover, in the article were compared the values of the stringency index of selected European countries at the time of the onset of the peaks and with the overall impact of COVID-19 on the number of new cases and COVID-19-related deaths.

The increase in the number of new cases was similar for all three countries, with the most similar increase in cases between Poland and France (Table 3). In the case of the increase in deaths due to COVID-19, Poland stood out comparing to other countries – France and Belgium had two peaks in the number of deaths, which corresponds to two waves of the disease – the first in the first quarter of 2020 and the second at the turn of the third and fourth quarter 2020. In the case of Poland, the aforementioned restrictions introduced at the beginning of the pandemic allowed to avoid infections and deaths caused by the SARS-CoV-2 virus. Therefore, the coefficient of variation for Poland is much higher than for France and Belgium.

Based on the results obtained by China, where the pandemic ended after a year, it can be assumed that EU countries will also win the fight against Covid-19 at a similar time. From the obtained results, it can be concluded that the pandemic caused by the SARS-CoV-2 virus will end in 2021 in the analysed countries, about a year after the first case that appeared in Europe, provided that the vaccines are also effective against the mutated form of the virus. Summing up, it should be emphasized that the forecasting is erroneous and the values never obtained can be considered 100% certain. The data are difficult to interpret because they are often incomplete and released with a significant delay. Furthermore, the analysis can be unclear and unreliable due to the differences between specific country COVID-19 testing regimes.

Another issue that should be noted is the fact that EU governments should allocate more resources to health protection and improving the living conditions of the inhabitants of the European Union countries [Migąła-Warchoł & Sobolewski, 2020]. In further studies which aim will be the analysis of the results of the third wave caused by the SARS-CoV-2 virus is planned to use the SIR model.

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The contribution share of authors is equal and amounted to 50% for each of them.

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Conflict of Interest

The authors declare that there is no conflict of interest regarding the publication of this paper.

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